

Download Expert Performance In Sports Advances In Research On Sport Expertise

An expert is someone who has a prolonged or intense experience through practice and education in a particular field. Informally, an expert is someone widely recognized as a reliable source of technique or skill whose faculty for judging or deciding rightly, justly, or wisely is accorded authority and status by peers or the public in a specific well-distinguished domain. As an ACE Sports Performance Specialist, you'll help competitive athletes increase their skill levels, avoid injury and reach peak performance. K. Anders Ericsson (born 1947) is a Swedish psychologist and Conradi Eminent Scholar and Professor of Psychology at Florida State University who is internationally recognized as a researcher in the psychological nature of expertise and human performance. Currently, Ericsson studies expert performance in domains such as medicine, music, chess, and sports, focusing exclusively on extended ... Behavioral research outside of sport has managed to categorize what leaders do, into two areas; consideration and initiating structure (see Weinberg & Gould, 2003). Consideration reflects the relationships between the leader and followers to involve factors such as friendship, mutual trust, warmth, building rapport and communication.